

# Pathway to Siksha | Jiva | Vivriti

Annual Report 2022-2023



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# FROM THE DIRECTOR'S DESK



Dear supporters,

As we reflect on the past year, it is with great pride that I present our annual report highlighting the impactful work undertaken by our organization. Throughout the year, we have remained steadfast in our commitment to empowering children and fostering safer, healthier communities.

Our efforts have encompassed several initiatives to nurture children's holistic development. From providing access to quality education to imparting crucial life skills, we have strived to equip young minds with the skills they need to thrive in an ever-changing world. Our unwavering dedication to preventing child sexual abuse has been central to our mission, as we believe every child deserves to grow up in a safe and nurturing environment. To achieve this goal, we have launched an impactful poster campaign with essential messages on life skills and the prevention of child sexual abuse. These were displayed in schools to reinforce critical life skills and child safety messages, ensuring long-term knowledge retention.

We sincerely thank Shri Jayesh Rajan IAS, Principal Secretary to the Government of Telangana, for unveiling these posters and Laurus Labs for sponsoring this vital initiative. Additionally, we express heartfelt thanks to the Aurobindo Pharma Foundation for generously supporting the construction of a school building and creating a nurturing learning environment for children. Finally, we thank all our donors for their unwavering support, empowering children to stride confidently toward a brighter future.

With the continued support and collaboration from our partners, we are confident that we can build upon the past year's successes and continue to make a meaningful difference in the lives of children and families.

A handwritten signature in black ink, appearing to read 'Hemalatha S'.

Hemalatha Vijayaraghavan  
Founder and Director  
Sankalp

## Vision

Our vision is to empower vulnerable adolescent girls and the elderly through comprehensive education and care.

## Core Objectives

- Facilitate education for underprivileged children.
- Provide medical assistance to the elderly and underprivileged.
- Foster charitable, cultural, educational, vocational, and economic development.

## About Sankalp

Sankalp, a registered NGO established in 2007, is committed to empowering underprivileged communities. Founded by associates of Sathguru Management Consultants, Sankalp works to advance girl child education, life skills education, and the prevention of child sexual abuse. Sankalp facilitates blood transfusions for children fighting cancer and thalassemia, ensuring they receive critical medical care. Through community development and humanitarian interventions, Sankalp strives to rebuild and uplift the lives of vulnerable communities.

### Sankalp and Sustainable Development Goals (SDG's)





# HIGHLIGHTS 2022- 2023

## Siksha Highlights



165 deserving girls received scholarships



Poster campaign to promote awareness of life skills education and child sexual abuse



Conducted awareness sessions on the prevention of child sexual abuse in five schools, reaching 5000 children



Fostered a holistic learning environment through new school building



Ensured water, sanitation facilities, a playground, and a school garden.

## Jiva Highlights



Provided blood transfusions to 129 children fighting Thalassemia

## Vivrithi Highlights



Enhanced health and nutrition with nutri gardens for 20 Anganwadis in Mahbubnagar and Sangareddy, benefiting 800 children and 200 pregnant mothers.



Created awareness on healthy eating habits among the stakeholders in 20 Anganwadis in Sangareddy and Mahbubnagar

## Fundraising and staff volunteering initiatives



Successfully conducted "Khan Paan Dukan," a food festival fundraiser supporting Sankalp causes, fostering staff and community engagement and support



## IMPROVING ACCESS TO EDUCATION

For over 16 years, Sankalp has been committed to breaking down the financial barriers and unlocking potential in underprivileged children through scholarship programs. Sankalp collaborates with affordable schools in Hyderabad, operating in low-income neighborhoods and slum communities. Sankalp meticulously identifies deserving students from diverse backgrounds, including children of single parents, orphans, semi-orphans, and housemaids. Through rigorous due diligence, Sankalp selects students based on financial need and academic performance, ensuring scholarships reach the most vulnerable and promising students.

**4** QUALITY  
EDUCATION





# The Educational Institutions Sankalp Engages With



Little Angels School  
Yellamabanda, Kukatpally



Radiant High School  
Chintal Basti, Kairatabad



Holy Mary school  
Chintal Basti, Kairatabad



St. Theresa's Girls High School  
Sanathnagar



St. Ann's High School  
Madinaguda



JMJ Sneha Sadan (Orphanage)  
Miyapur



Dr. BR Ambedkar School  
Bhaglingampally

## Pillars of Sankalp Sikha



Equitable access  
to Education



Child Abuse Prevention

Championing child  
protection through  
creating awareness



Holistic child development  
through life skills



Project “PANTS” is the flagship program of Sankalp that aims to impart life skills and enhance child safety awareness among children.

## PROJECT PANTS

P

PRIVATE PARTS ARE PRIVATE

A

ALWAYS REMEMBER YOUR BODY IS YOURS

N

NO MEANS NO

T

TALK TO SOMEONE YOU TRUST

S

SHOUT RUN AND SEEK HELP



## Prevention of child sexual abuse and life skills education - Zero tolerance towards sexual abuse and exploitation of children

Child sexual abuse is a grave societal issue demanding urgent attention. In alignment with the Sustainable Development Goals, eradicating child sexual abuse stands as a paramount objective for this era. Yet, to achieve this, the first crucial step is to break the pervasive silence surrounding it.

Through its flagship program, PANTS, Sankalp takes proactive measures to break this silence by conducting age-appropriate awareness sessions and utilizing engaging, play-based methods to educate children on risks and protective measures.

In the current year, Sankalp conducted awareness sessions for teachers and children from 10 schools in Hyderabad, reaching over 5000 children. These sessions ensure that children understand the potential risks and protection strategies.

These sessions aren't just about spreading awareness; they're about instilling resilience and empowering children to stand up against abuse. With every child we educate and every session we conduct, we move one step closer to a world where every child is safe, respected, and free from harm.



# POSTER CAMPAIGN TO PROMOTE CHILD SAFETY KNOWLEDGE

Sankalp initiated a poster campaign to reinforce and deepen knowledge on child safety and life skills education. Sankalp has developed 20 impactful posters in Telugu and English on crucial topics such as preventing child sexual abuse and life skills like effective communication, decision-making, handling peer pressure, and managing teen emotions, etc.

The campaign was launched by Shri Jayesh Rajan IAS, Principal Secretary to the Government of Telangana at Dr. BR Ambedkar Educational Institutions, Hyderabad. Shri Ravi Kumar, Executive Director & CFO of Laurus Labs, Hyderabad, and Shri G. Vinod, Ex-Labour Minister, and Secretary, Dr. BR Ambedkar Educational Institutions, and Smt. Hemalatha Vijayaraghavan, Director of Sathguru Management Consultants and Founder of Sankalp, was present during the program.

Sankalp strategically positioned these posters within classrooms and corridors at Sankalp-supported schools in Hyderabad. As consistent reminders, posters aided children in retaining knowledge and making informed choices. These posters are fostering enduring awareness of life skills education and child sexual abuse prevention among children, parents, and teachers. Reportedly 50,000 children were impacted through this initiative. Consequently, contributing significantly to achieving Sustainable Development Goal 16.2, which targets eliminating violence against children by 2030.



““Why wait until 2030 for societal change? Why not act now?” This initiative is crucial, especially in a time where discussing sexual abuse remains taboo, and people hesitate to speak up. By imparting this awareness to children, we can significantly reduce such cases and inhibitions among adults.”

Shri Jayesh Rajan IAS, Principal Secretary to the Government of Telangana



# Stories of change

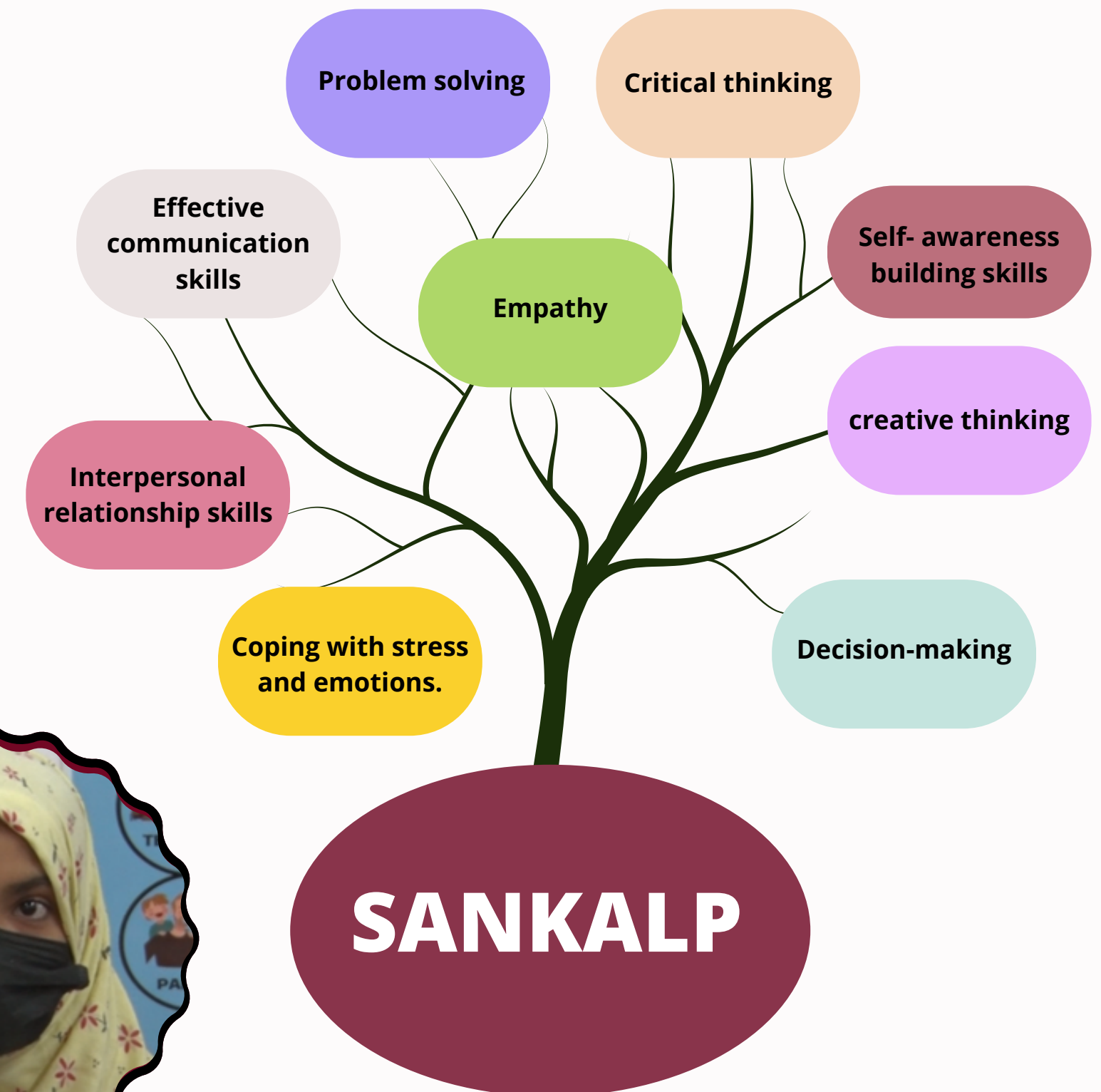
## “Now I know how to handle teen emotions”

Sunaya Sultana, a ninth-grade student at Radiant High School, shared her thoughts on the impact of life skills education and child sexual abuse prevention sessions she attended. She expressed that these sessions have been eye-opener for her. She learned about the distinction between safe and unsafe touches, which empowered her with important knowledge for personal safety.

One significant insight that I gained from these sessions was understanding that this age wasn't the right time to indulge in teen emotions or romantic interests, despite the physical changes happening in the body. I recognized that this stage of life should be dedicated to concentrating on and developing my career aspirations. Now I am able to make informed choices about my life, emphasizing the importance of prioritizing ambitions and personal growth.



# LIFE SKILLS





# CAUTION !



## Peer Pressure

### Say no ! Try to avoid !

ITS BETTER TO WALK ALONE THAN  
WALK WITH WRONG PEOPLE,  
GOING IN THE WRONG DIRECTION !

## "I can handle peer pressure." I know how to say "NO"

Shankar, a seventh-grade student at Little Angels High School, Kukatpally, Hyderabad, has experienced a positive transformation in his life after engaging in life skills education sessions. These sessions equipped him with valuable tools to confront and manage peer pressure, an essential skill for adolescents navigating the challenges of school and social life.

Shankar says that, before these sessions, I had struggled with making decisions under the influence of negative peer pressure. However, I have become adept at handling such situations with the newfound knowledge and skills acquired through these sessions. I confidently resist negative peer influences and make more informed and responsible choices.





# OUR PARTNERS SPEAK

“We extend our heartfelt gratitude to Sankalp for incredible and benevolent support in granting scholarships to our school students over the past several years. Sankalp’s generosity has significantly alleviated the financial burdens faced by many of our students, allowing them to concentrate more on the paramount aspect of their education – learning. In addition to providing scholarships, the Sankalp team is actively engaged in imparting life skills education and conducting sessions on child sexual abuse prevention, with the ultimate aim of fostering safer and more secure communities. We have received heartfelt expressions of gratitude from the parents of scholarship recipients, who once again wish to convey their profound appreciation to the Sankalp team for the remarkable difference made in the lives of their children.

Touseef Afsal Principal,  
Radiant High School

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# ENHANCED LEARNING OUTCOMES AND STUDENT ENROLMENTS THROUGH CHILD-CENTRIC SCHOOL INFRASTRUCTURE IN SANGAREDDY

The quality of school facilities plays a key role in shaping students' learning journey and overall development, impacting their academic performance and mental and physical well-being. Moreover, these facilities significantly influence teacher motivation, student attendance, retention, commitment, and effort.

Sankalp, along with scholarship support, facilitates the improvement of school infrastructure to ensure conducive learning environments. As part of this initiative, Sankalp facilitated constructing a government primary school in Panyal Village, Hathnoora Mandal, Sangareddy. The project was taken up as the building was deteriorating, posing a grave threat to student safety. The building was closed as classrooms were deemed unsafe, and children were given classes in open areas under trees and verandahs. This environment has led to diminished concentration levels, a compromised educational experience resulting in student dropout.

Heartfelt gratitude is owed to the Aurobindo Pharma Foundation for their generous sponsorship, enabling the construction of a new school facility with water and sanitation facilities. Now, the school has five spacious classrooms, six toilets (three for girls and three for boys), a play area, a school garden, and a secured compound wall fostering a holistic learning experience for the children.

The school was inaugurated by esteemed dignitaries, including Shri TS Madan Reddy, MLA Narasapur, Shri Rajarshi Shah, IAS Sangareddy, and Smt. Hemalatha Vijayaraghavan is the Director of Sankalp & CSFD.





# LOOKS BACK ON THE INCREDIBLE TRANSFORMATION THAT HAS TAKEN PLACE!

-REFLECTION FROM PRAVEEN KUMAR, PRINCIPAL, PRIMARY SCHOOL, PANYAL

Before our school's reconstruction, it was in a state of disrepair, posing structural concerns and forcing students to have outdoor classes. There was a lack of a proper learning environment, play areas, and sanitation facilities, making it challenging for students to be motivated. Stagnant, muddy water, and inadequate restrooms were persistent issues, and safety concerns due to the absence of a compound was another challenge.

But now, after the new school building, we have five spacious classrooms, a secured compound wall, ample play space, resolved water issues, separate restrooms for boys and girls. Originally when school was deteriorating condition, it was in the state of despaired and hardly there was an enrollment of 30 students, now it has increased to 100 students. Parents now trust their children are safe in the school. Both students and teachers are brimming with enthusiasm to come to school every day!

A heartfelt thanks to Aurobindo Pharma Foundation and Sankalp-Sathguru for generously sponsoring the school's construction, and creating a confident educational environment for our students.





# Sankalp Jiva: Blood Donation camp to support children battling thalassemia

Thalassemia is a rare genetic blood disorder that is carried by more than 4% of the population. A child with thalassemia needs regular blood transfusions every 2-5 weeks throughout their life to survive.

Sankalp annually organizes blood donation camps to increase life expectancy and enhance the quality of life for those impacted by thalassemia and cancer. Sankalp also creates awareness of Thalassemia to encourage more donors.

Sankalp, in partnership with Aarohi Blood Bank, conducted its annual blood donation camp in August. Sathguru staff, friends and family members, and a significant number of donors from nearby corporates walk in good numbers and donate blood voluntarily. Sankalp has collected 129 units and supported blood transfusions to needy children.



## Donor speak:

I felt very happy when doctors said I am healthy and eligible to donate blood. I thought blood would be drawn from every donor who walked in but never knew there was a procedure to donate blood. "I really feel thrilled to donate blood because someone will receive this precious gift – the gift of life."

-Kalyani Sathguru Assoicate.



## Improving access to nutritious food through nutri gardens in two districts in Telangana - Project- *Aharamu and Aryogyamu*



1020 Nutri gardens (kitchen garden) were established in two districts - Sangareddy and Mahabubnagar to ensure access to fresh vegetables to complement their health. 1000 home gardens and 20 gardens were established in Anganwadis, a rural child care centre managed by the Integrated Child Development Services(ICDS) program to combat child hunger and malnutrition among pregnant mothers.

To inculcate healthy eating habits, Sankalp has conducted awareness sessions emphasizing the significance of consuming nutritious food. Sessions focused on nutrition-sensitive vegetable cultivation and value-added products utilizing excess produce. Nutrition experts from the respective districts' Women and Child Welfare Department (WCD). Value-addition topics were led by experts from District Rural Development Agency (DRDA) - Society for Elimination of Rural Poverty (SERP) representatives. Facilitators used flipcharts and the WCD food & nutrition compendium to conduct awareness sessions. They used culturally relevant examples and success stories to facilitate understanding of the topics. 10,000 persons and 800 pregnant and lactating mother benefited from these nutri gardens.



## KHAN PAAN DHUKAAN (FUND RAISING EVENT)

Sankalp collaborates with Sathguru Management Consultants to encourage staff to volunteer and promote work-life balance, organizing a food festival - Khan Paan Dukaan, to mobilize funds for Sankalp in a fun way.

Annually, Sankalp organizes a food festival under the theme- "*BETI BACHAO BETI PADHAO*" (Save girls, Educate girls). This year's event in November featured live cooking counters offering both Indian and Chinese cuisines, prepared by our Sathguru staff, fostering a sense of joy and togetherness among participants.

Many socially conscious individuals took time out of their busy schedules to visit our stalls, generously contributing to support girl child education. Sankalp ensured that the stalls' food was affordable, making it accessible to all participants. In addition to the food stalls, students from Sankalp-supported schools showcased their talents and initiatives during the festival. Their presence added a refreshing element to the event, featuring science fair projects and engaging activities. This provided a unique opportunity for donors to interact with the children they are supporting, helping to turn their dreams into reality.

The proceeds from these sales were directed towards girl child education and the prevention of child sexual abuse. The participants displayed great enthusiasm and willingly contributed to these noble causes. The event witnessed an impressive turnout of nearly 1000 people, resulting in total contributions of 4.5 lakhs from the food stalls and generous donors.







**“This balance between professional responsibilities and personal fulfilment through volunteering can improve mental well-being, enhanced job satisfaction, and a greater sense of purpose in life.”**



## MEDIA COVERAGE





## OUR HEARTFELT GRATITUDE TO OUR FUNDING PARTNERS AND PROGRAM PARTNERS: FUNDING PARTNERS



**INDIVIDUAL DONORS**



# YOU CAN HELP A GIRL CHILD GO TO SCHOOL



## CHOOSE YOUR SUPPORT IN THE FOLLOWING WAYS:

INR 11000/- Supports education for one girl child for one year

INR 5500/- Supports education for one girl child for six months

INR 2750/- Supports education for one girl child for three months

INR 1375/- Supports education for one girl child for one month

INR 1000/- for school essentials

**CONTRIBUTIONS MADE TO SANKALP  
ARE ELIGIBLE FOR TAX EXEMPTION  
UNDER SECTION 80G AND CSR  
REGULATIONS**

Online Transfer

Account Name: SANKALP

Account No: 751435108

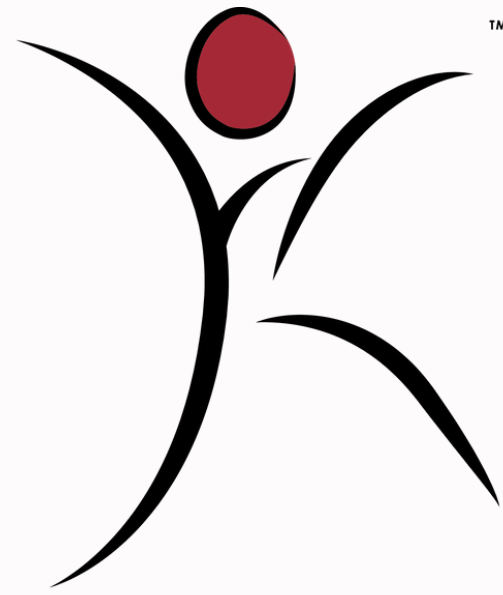
Bank: Indian Bank, Srinagar Colony,  
Hyderabad – 500 073

IFSC Code: IDIB000S052

You can donate by scanning the QR  
code below through UPI apps







**Sankalp**  
for a good cause

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