

Sankalp
for a good cause

Siksha - Jiva - Vivrithi

Education - Health - Development



Annual Report 2021-22

A Word From the Founder

We present this report as we enter the third year of the Pandemic. We are still trying to heal the wounds and the vacuum created by the second wave of COVID 19. The second wave shocked the nation and left us in chaos like never before. However, we have been living with coronavirus for months now, and we have learned to co-exist with it.

Despite living in the grip of COVID, Sankalp conscientiously continued its contributions to society to make it a better place to live in. In the previous year, we have reached out to 10 schools in six low-income neighborhoods in Hyderabad, 6 districts in Telangana, and 9 villages in Sangareddy. Sankalp has extended its unwavering support to vulnerable households fighting COVID-induced economic challenges, students dropping out of schools due to various concerns, and farming communities for improving food and nutrition security. We are glad to have impacted more than 30,000 lives in India with our compassionate initiatives.

Our scholarships ensured that students don't drop out of school due to the COVID crisis. We also supported parents who lost jobs and struggled to meet basic needs. We have provided nutrition kits consisting of groceries and everyday essentials including fruits, vegetables, and milk thus ensuring to meet their nutrition needs.

This winter, our blanket donation drive was in full swing, reaching out to the more than 3000 homeless street dwellers, and providing them with warmth during the harsh winter nights.



Through this initiative, we are glad to have engaged the volunteers including our employees and their families with something purposeful, instilling work-life balance and a sense of satisfaction within them.

Our timely response to fire victims who lost homes, ensured that the households could get back to their feet and restart their lives.

Our team acted instantly, reached the spot on short notice, and supported the fire victims with essentials like food, blankets, clothes, toiletries, etc.

The shock of the second wave is still haunting. The responsibility demonstrated by our in-house COVID heroes who donated plasma and helped those battling COVID 19 is a remarkable gesture. We honor them and place their selfless service on record.

Through our Blood Donation Camps, like every year, we were able to support children with Thalassemia and cancer. Our heartfelt appreciation to all the donors – our employees, family members, alumni, and neighbours, for coming forward to support the cause.

On the rural front, we treasure the success stories of how our kitchen garden initiative has opened up new avenues and enabled households to sustain themselves. Through Kitchen Garden Project, the training provided to the farmers enabled them to have a deeper understanding of organic farming. It also created alternate livelihood for women farmers making them self-reliant. This not only generated additional revenue but also helped in reduction of carbon footprints.

Our rural youth and farmers' training program provided farmers with hands-on learning and exposure to latest innovative technologies. The impact of this training and timely agro advisories improved agricultural productivity and incomes of the farmers in 6 districts in Telangana, is another milestone of the year.



The impact stories reinforce our faith and power in coming together to make a difference in the lives of people. We immensely thank all our donors, volunteers, and partners for standing by us and supporting us in serving the society during the most challenging phase in our lives.

Join Sankalp's initiatives and let's create a better place to live.

Hemalatha Vijayaraghavan
Founder and President

Introduction

Sankalp is a registered NGO working since 2007 to promote sustainable agriculture, girl child education, child safety, health, and need-based social causes in India. It is a philanthropic initiative of the associates of Sathguru Management Consultants. Sankalp collaborates with its sister concerns and associated entities for projects, in addition to doing programs on its own, and draws expertise from the entire Sathguru group from India and abroad on life science-based knowledge for executing CSR projects.

Vision

Empower the socially and economically vulnerable adolescent girls and elderly through education and all-round care.

Objectives

- To provide education directly or indirectly to the underprivileged children in the society
- To provide direct or indirect medical facilities to the aged and underprivileged people.
- To do all acts and things necessary to facilitate the charitable, cultural, educational, vocational and economic development of society.



Sankalp - Key Focus Areas



Siksha

Preparing Children for the
Future through Education and
Life Skills



Jiva

Health and Humanitarian
Interventions

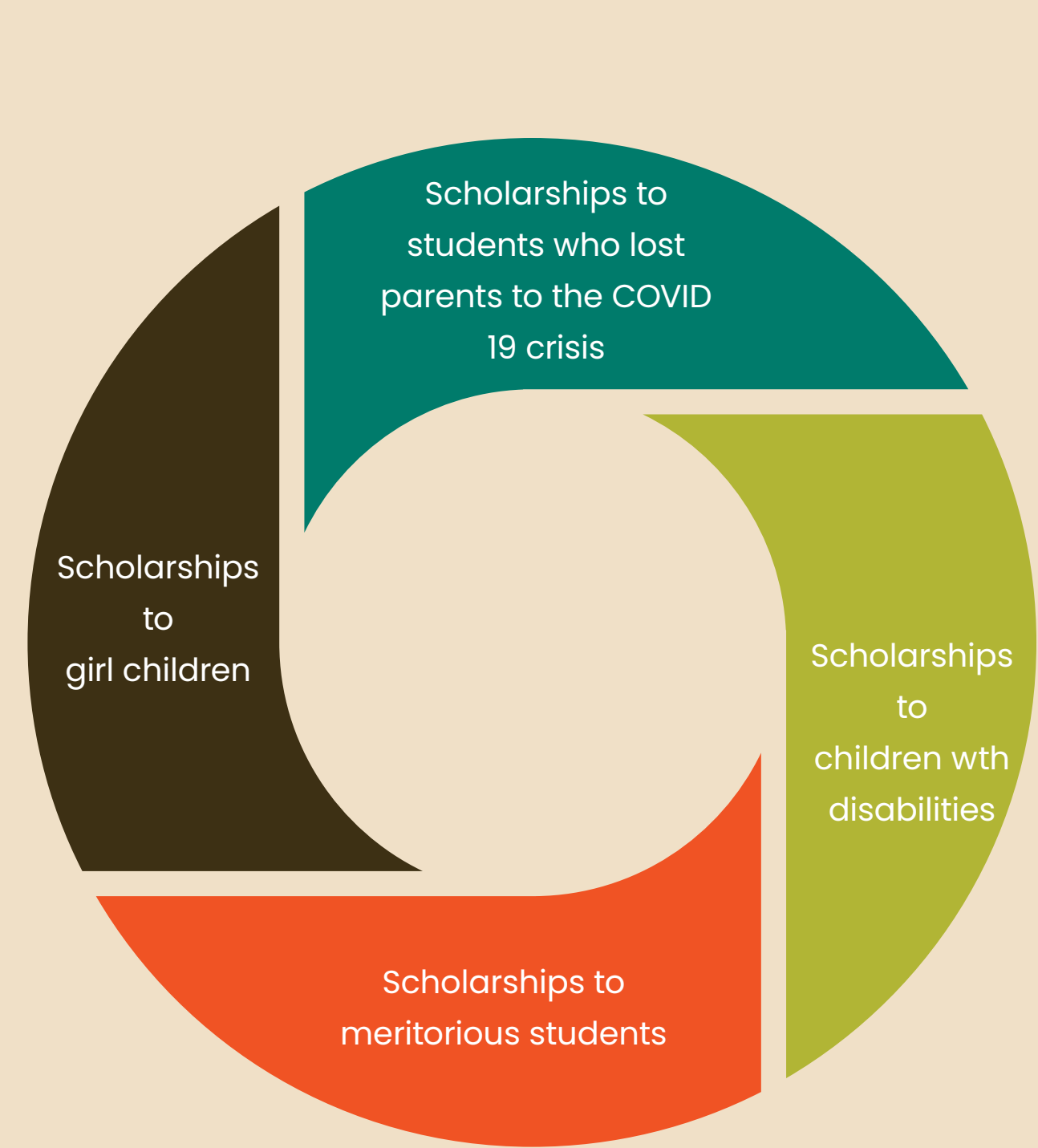


Vivriti

Sustainable Social and Rural
Development

SANKALP - SIKSHA

Improving access to quality education for children remains the key focus of Sankalp. Since 2007, Sankalp has provided scholarships to more than 1100 children. This year both through direct and convergences, Sankalp has facilitated scholarships worth INR 20,00,000 lakhs to deserving students. Sankalp has provided scholarships under four categories:



For the academic year 2021-22, Sankalp has directly provided **scholarships to 135 girl children studying in 6 schools** and an orphanage in Hyderabad. Among them, 40% are orphans and semi-orphans, and 60% of beneficiaries' parents are daily wage laborers/ single parents.

In partnership with Buddy4study, a scholarship platform, Sankalp has facilitated Vivo merit scholarships to children who passed out of class 9 with a CGPA 9.0. Under this initiative, Sankalp identified meritorious and deserving students from Telangana and facilitated **scholarships worth INR 2,00,000.**



I am now perusing B.Com – Computers at Helen Keller Institute for Deaf, Hyderabad, **thanks to Sankalp for supporting my education**

- Durga Prasad

Sankalp has facilitated COVID 19 crisis scholarships to 37 students who lost parents to COVID during the first and second waves of the pandemic in partnership with Buddy4study. Students spanning from three schools, two state agricultural universities, two engineering colleges, and one nursing college each in Telangana and Tamil Nādu received **HDFC COVID crisis scholarships worth INR 11,00,000 lakhs for the academic year 21-22.**

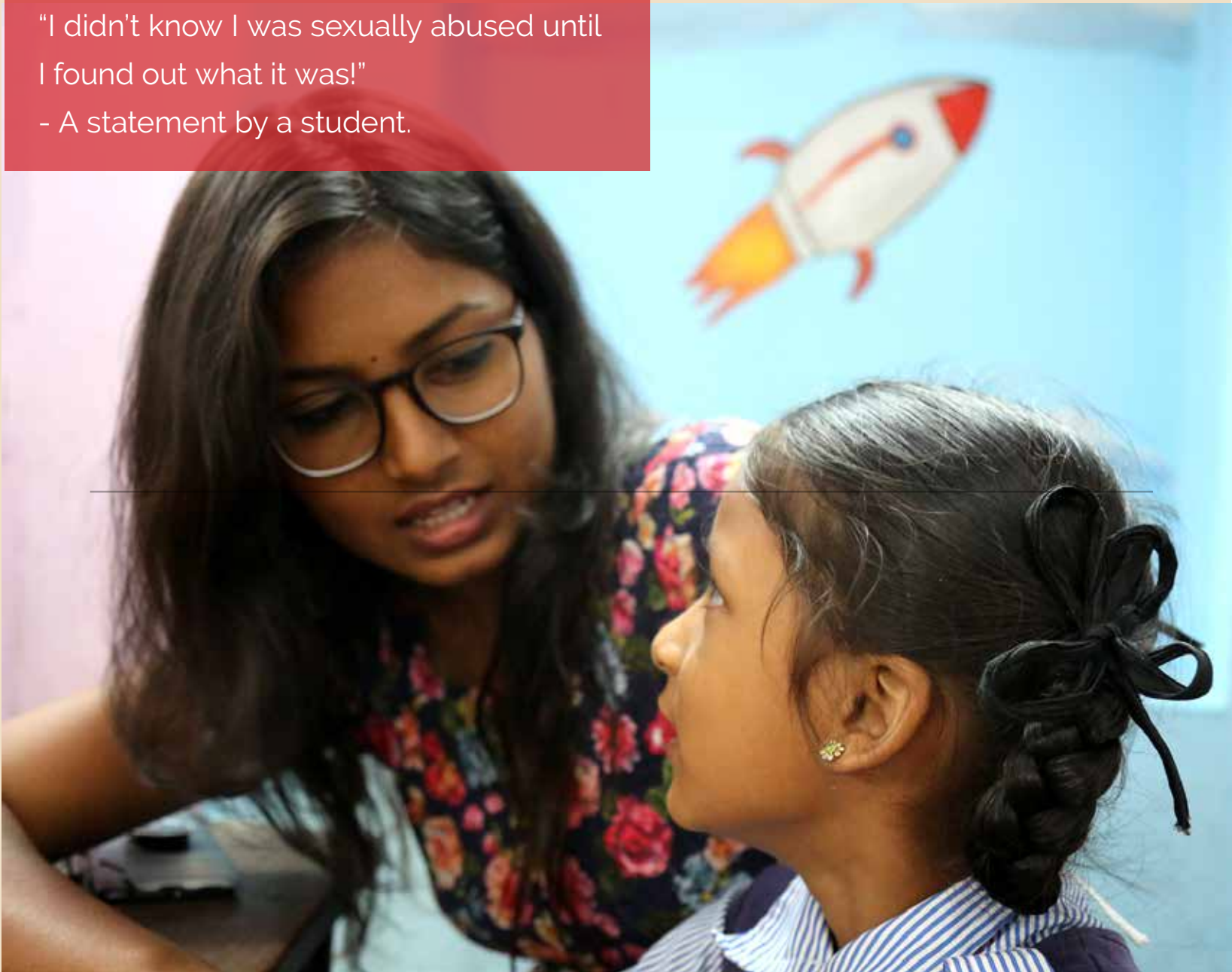
Project PANTS

Project PANTS is Sankalp's flagship program, which aims to facilitate stakeholders to Recognize, React, and Report (3Rs) Child Sexual Abuse (CSA). Sessions are conducted in the play-way method with activities that enable children to understand their bodies, safe and unsafe touch, perpetrators of violence, develop support systems, and self-protection.

Since the Pandemic, there has been a surge in child sexual abuse and exploitation worldwide. While India is taking several steps to counter the threat, Sankalp continued to establish safe spaces for children by conducting awareness sessions on child safety for children, parents, teachers, and corporates. Sankalp has built capacities through both online and physical sessions. Awareness sessions on child sexual abuse and life skills education (LSE) were conducted in 5 schools, covering more than 2000 stakeholders. Refer page 9 for our life skills framework.



"I didn't know I was sexually abused until I found out what it was!"
- A statement by a student.



Our Outreach 2022



- | | |
|---|---------------------------|
| Child Care Institutions (CCI) | JMJ Sneha Sadan |
| Radiant High School | Little Angels High School |
| Corporates | Holy Mary High School |
| Dr BR Ambedkar Educational Institutions | |

My son's behaviour changed completely- a parent from Little Angels High Schools Yellammabanda, Hyderabad.

The behavioral changes in Goutham surprised his mother to the core. **“Post the life skills sessions in school, Goutham from class 8 has changed completely. He looks more mature and is making clear plans for his day. I see that he has developed some clarity towards his education and future,”** said his mother happily to the school principal. With her inexplicable gratitude to Sankalp, she said, “these are skills I was longing to see in my son”. When asked Goutham, he said that the self-awareness session has helped him to see through himself clearly, understand his strengths and weaknesses, think rationally and set realistic goals. The school principal also endorsed the change in Goutham and was glad that he was able to set an example for other children.



Our Life Skills Modules

Skills of knowing and living with oneself

- Self Awareness
- Self Esteem
- Coping Emotions
- Self Confidence
- Coping Stress
- Assertiveness

Skills of making effective decisions

- Creative thinking
- Decision making
- Critical thinking
- Problem solving

Skills of understanding and living with others

- Empathy
- Friend circles
- Conflict Resolution
- Gender awareness
- Neogiation
- Interpersonal Relationships
- Handling peer pressure
- Effective communication

Sankalp-Siksha - Our Impact



90% of students stated that were never been taught about the importance of life skills. And specified that the sessions were very informative and thought-provoking.



95% of students didn't have knowledge of types of abuses and how to deal with them. The majority of the students endorsed that it is important to gain awareness of these sensitive issues as it can help them to protect themselves.



99% of students have been able to realize and unlearn the myths they had believed in so far on sexual abuse. And learned the different types of sexual abused especially non-contact abuse.

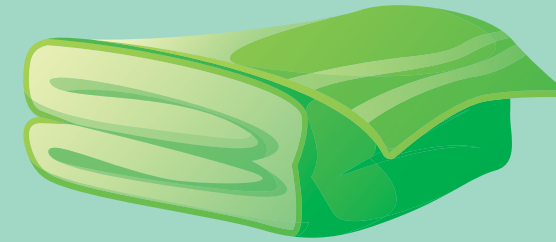


HIGHLIGHTS 2021-22

Ensured access to education through **scholarships** worth **INR 20,00,000** to students in Telangana, Andhra Pradesh, and Tamil Nādu



Provided **3,000** blankets to street dwellers and the most vulnerable communities



Provided **25,000** items as **COVID emergency** relief households in Telangana and Andhra Pradesh



Equipped **2,000** children with **life skills** and **child safety awareness**



Armed with the right skill sets to **farmers and rural youth** in **six districts** to explore agriculture profitably



Ensuring **nutrition security** to **households** in **9** villages in Sangareddy



SANKALP - JIVA

According to LANCET, India recorded 29.27 million COVID cases in June 2021, with 363,079 fatalities. This led to a significant increase in demand for plasma and a severe lack of donor resources.

We are pleased to report that our staff who have recovered from COVID 19 donated plasma and helped others fight the infection. Our heroes not only donated plasma but also connected other heroes with patients who were in dire need of plasma. Furthermore, our teams voluntarily donated blood to patients fighting different health conditions during the second wave of COVID 19.



COVID-19 – Nutri kits

As a modest step to enable households to fight COVID 19 nutrition deficiencies, Sankalp, during the second wave of COVID 19, has provided grocery kits to families, which contained vegetables, long shelf-life milk, bread, biscuits, and noodles apart from dry rations. Groceries sufficient for one month were provided to more than 1000 households, children, and senior citizens from 5 schools, four orphanages, old-age homes in Hyderabad, and a home for children with disabilities in Andhra Pradesh. This initiative helped people fight the COVID-19 induced economic crisis and get back to their feet. The stakeholders who benefited from this relief were single parents, economically vulnerable, and still unemployed.

Sankalp extends its heartfelt gratitude to Sathguru staff, alumni, friends & relatives; Mahyco, Ravi Foods, Nestle, and other donors for stepping forward and generously supporting grocery kits and other essentials to COVID-19 affected communities in Hyderabad's low-income neighborhoods.



Blanket Donation Drive – Subdue the Harsh Winters

Homeless, street dwellers, and rag pickers are less fortunate people who sleep on the streets and freeze during the dreadful winter nights. In Hyderabad, as per The Greater Hyderabad Municipal Corporation (GHMC), more than 30000 people spend their nights on roadsides, at bus stands, railway stations, footpaths, and other public places in the city. During the night, these people sleep, covering themselves with newspapers, plastic covers, and banner sheets.

Needless to mention, sleep deprivation and winter chill can lead to numerous health problems. To ensure better sleep and health for homeless and street dwellers, Sankalp organizes an annual blanket donation drive every winter.

This year too, Sankalp team members went around the streets of Hyderabad at midnight, identified the street dwellers sleeping uncovered, and shielded them with warm blankets.

Sankalp visited railway stations, bus stations, metro stations, footpaths, hospitals, and other public areas and covered the street dwellers with blankets. Sankalp has reached out to more than 3000 vulnerable groups this winter.



Support to Fire Victims - Hut Dwellers at Chaderghat, Hyderabad

The fire that engulfed on 31st December 2021 near Sai baba temple, Chaderghat, Hyderabad, left the temporary hut dwellers vulnerable without indispensable essentials. Sankalp spontaneously rushed to the spot and reached out to the survivors with groceries, toiletries, and blankets for their families, who were still in distress due to the devastating fire mishap.



Social and Economic Empowerment

In collaboration with the **Rotary Club of Lake District Moinabad** (district 3150), Sankalp provided rehabilitation kits to rescued women forced into prostitution. Without sustainable livelihood, the risk of them getting back into sex work is relatively high. So, to rehabilitate them sustainably, we provided rehabilitation kits consisting of jack machines (sewing & embroidery) and necessary accessories, enabling them to kick start their own garments and embroidery business and earn a decent income.

Care and support for these women are provided by Swadhar Home for Anti-Human Trafficking and Mahila Pranganas, Allwyn Colony, Kukatpally, Hyderabad, a wing of Women and the Child Welfare Department (WCWD). As part of rehabilitation, rescued women in Swadhar homes would be counseled and empowered to take charge of their lives. Women stay in these homes for six months and would be mainstreamed into society upon court orders either to families or their source states and countries. During this period, they are trained in different vocations, enabling them to either be self-employed or secure decent jobs once they are mainstreamed into society.



SANKALP - VIVRITHI

Sankalp collaborates with sister and associated entities for projects in addition to doing programs on its own and draws expertise from the entire Sathguru group from India and abroad on life science-based knowledge for executing CSR projects. With this collaboration, Sankalp promotes agriculture and rural development interventions. As part of sustainable social development, we have executed projects to facilitate small and marginal farmers to improve agricultural productivity and reached out to nine villages in Sangareddy.

This year's project focused on promoting kitchen gardens to improve food and nutrition security and retain youth in agriculture. The services of Annapurna Kissan Prasara Seva (AKPS) agro advisory have continued to provide timely guidance on good agricultural practices through mobile phones.



Improving Food and Nutrition Security - Kitchen Gardening

With a key focus on improving food and nutrition security, social empowerment; enhancing income opportunities, and gender equity, kitchen gardens were initiated in 9 villages in Hathnoora Mandal. At the program's inception, we trained the beneficiaries on scientifically laying the kitchen gardens and provided 14 varieties of locally preferred vegetable seeds and agri-inputs. Subsequently, created awareness of the importance of a healthy diet and guided them to maintain gardens and consume fresh food. Kitchen gardens have proved to be a sustainable model for providing food security and diversity to combat malnutrition at the household or community level. As a result of this project, 77% of kitchen garden farmers saved INR 800 -1000 per month. In addition, kitchen gardens during pandemics have proved very helpful in addressing the food shortage due to COVID 19 lockdown and enabled households to fight nutrition deficiencies caused due to COVID 19 economic crisis. Environmentally this initiative has reduced 7.932 Kg Co2/ carbon footprints per family per month. (Assuming that primary stakeholders will travel 12 km up and down to reach the nearest market five times in a month, leading to emissions of 7.932 Kg Co2/ family/month). And each family can save at least 2 hours weekly by not making visits to the market for purchases

This model was presented at World Food Prize Michigan State University (MSU) Side Event on Home Gardens for Food and Nutritional security in developing countries and was published as policy brief.



Social Return On Investment

Health Benefits

- Consumption of nutritious food has improved the overall health of stakeholders in the villages and the Anganwadi beneficiaries.

Social Benefits

- Women's empowerment and the ability of households to invest their savings in child education and other social needs.
- Strengthening social relations in the village due to sharing of excess produce
- Gender equality

Environmental Benefits

- Reduction in carbon emission by 35694 tons per crop cycle
- Adoption of good agricultural practices

Economic Benefits

- Self-consumption of vegetables
- Cost cutting on purchase of vegetables INR 30,00,000 worth by 75% of households per crop cycle
- 25% of households sold excess produce for 3 months which gave an additional income of around INR 9,00,000

Retaining Youth in Agriculture – Making Agriculture a Viable Career

As part of our commitment to retaining youth in agriculture more meaningfully, we have been training rural young and progressive farmers and enabling them to explore agriculture profitably. The key purpose of the training program is to enhance the skill sets of farmers and facilitate them to explore agriculture innovatively. It is envisioned that this training will ignite youth interest in agriculture and help them perceive it as a lucrative and intellectually stimulating career option.

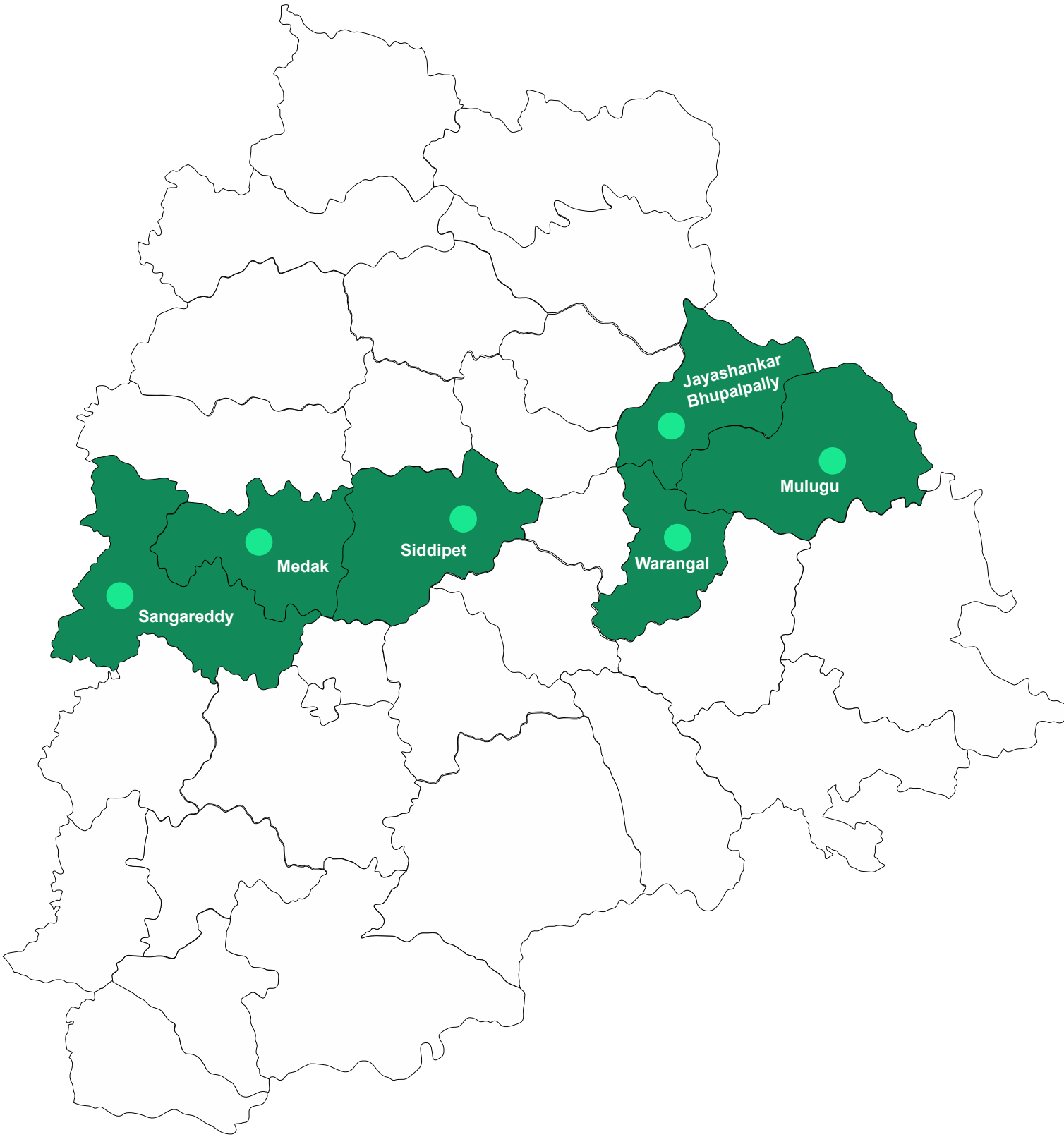
To facilitate young farmers to understand the opportunities in agriculture, we conduct a one-week residential training on the latest advancements in agriculture, horticulture, animal husbandry, fisheries, sericulture, and agribusiness. The training provides them with hands-on experience through guided field visits, interactions with progressive farmers, government officials and entrepreneurs, FPO leaders and classroom lectures.



This year, we conducted week-long residential training for rural youth and farmers reaching out to farmers from six districts in Telangana namely Sangareddy, Medak, Siddipet, Warangal, Mulugu, and Jayashankar Bhupalpally. Along with classroom lectures, training included field tours, interactions with progressive farmers, exposure trips to the model villages, research station, incubation center, and farm implements and machinery centres. Program was conducted at the Regional Agriculture Research Station (RARS) Warangal, Telangana with the technical support of PJTSAU.



Our Geography



While we primarily trained 55 farmers as secondary beneficiaries and as a spill-over effect, this training has reached out to 1100 farmers from 6 districts in Telangana. WhatsApp groups for alumni were created to promote knowledge sharing and exchange of thoughts.

To study the impact of the training, a pre-and post-evaluation has been done for all the training programs. According to the evaluation reports, 93% of farmers agreed that their knowledge levels had increased significantly. 87% of youth training participants agreed that they were able to adopt the learnings from the training program, resulting in a 73% increase in productivity. The farmers shared they were able to transfer the knowledge they have gained to fellow farmers and help them to innovate in organic farming and value addition products.





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PARTNERS AND COLLABORATORS

Funding Partners



MADISON



DAUGHTER EARTH



Collaborative/Technical Partners



A Call for Help – Let's Impact Lives Positively

Thanks for your valuable contributions to Sankalp and the trust you have in Sankalp and its initiatives towards society. We hold you in high esteem for your dedication and support for our causes. The days we live are so precious, each day goes by as a blessing, and let's do our part in giving back to society. To support our causes, Sankalp-Siksha, Jiva, and Vivrithi, your donation, no matter how small, makes a huge difference to society. With your constant support and encouragement, we have come so far and there's a long way to go. We would love to reach out to many more children, rural communities, and the needy seeking help.

Join us in becoming their ray of hope and impact their lives positively !!



Online Transfer

Account Name: SANKALP

Account No: 751435108

Bank: Indian Bank, Srinagar Colony,

Hyderabad – 500 073

IFSC Code: IDIB000S052

You can donate by scanning the QR code below through UPI apps



Reach out to us at

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